# Synergy of Minds

Newsletter Issue Six

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#### **Newsletter brief:**

Once again thank you for joining us on the epic voyage through Life! Sometimes the seas can be very rough but then we strive to take the rough with the smooth. We are very glad to have you stay onboard with us again. It's always a good feeling when we stick together and represent a stronger collective force. You may be confident that we have great things to share...

We know you have a lot going on so we always appreciate the time you spend with us. Hopefully you like what we have to say and share with you. One of our main aims is to brighten your day and help bring a few rays of sunshine. Now we advance to step 6.

Together we always recommend being reasonably optimistic and positive wherever possible to definitely help make a profound difference. When we are divided we have little or no say in anything. Unity makes us stronger and better connected to have a voice. Working with like minded people from various parts of our planet has a very good feeling of togetherness and being a part of something that resonates and makes a contribution to a better life however great or small that might be.

Our focus is to deliver thought provoking content and endeavour to spread the word of mind puzzling vital information that should be shared and be more readily available. It continues to amaze me as to how many tens of millions of people are denied this valuable information...

Our aim is to produce 1 Newsletter monthly which we will look to email. All subscribers can expect to have our latest newsletter emailed to them directly. Alternatively you can download it now or any other time. All Newsletters will be stored and available ongoing. The aim is for you to fully digest our Newsletter in just a few minutes of your busy Life schedule.

There are a variety of things to interest you and brighten your day. We look forward to you joining us each month. Please feel free to comment on how you find the information and content. We welcome any feedback. Thank you for your continued trust in us and for originally subscribing. We forever appreciate you!

#### Affirmations of the Month -

I have an Excellent Memory

I am Optimistic about every outcome

I am the most Positive person I know

I am grateful for everything I have

### **Quotes or Tips of the Month:**

The Eagle is the only bird to fly above the clouds in order to avoid the rain...

In T.E.A.M. (Together Everybody Achieves More).

Fly with the Eagles and leave the Turkeys behind...

#### **Short Post:**

Are you willing to accept a life of mediocrity or are you a free thinker? Do you challenge the status quo or are you travelling on a road that may take you on a different route to the one they want you to travel on... Be free in your own mind to make a choice when it comes to very important things in life especially like Family, Home, Health, Money, Education, Travel, Mental and Physical Health, Diet, Friendship, Religion, and Personal Development. The wonderful synergy of minds is what makes a difference to all of us.

### What does Friendship mean to YOU?

It's very difficult to think of a life without friendship. First and foremost you should never take a friendship for granted. Doing a favour for a friend and sometimes extending the hand of friendship in lending a helping hand can help make a massive difference. Sometimes just being there and being a good listener can act as a very powerful message of intent. Some friendships may well grow to become very special and unique. There are some people who might put their lives on the line for you. There is no greater value than the life of a person who is dedicated to standing by you no matter what. It is worth considering the value of friendship to be greater than any precious stone or metal.

### One of the latest Articles to be uploaded to our Website:

https://www.personal-improvement.eu

## **Imagination and What Comes Next**

Many of life's forthcoming attractions are defined by what is initially imagined. Your imagination can take you on a journey that you care to think and dream of. You can be anything or anybody you want to be. All you firstly need to do is vividly imagine it. In life you are only limited by your imagination.

When you are an aspiring sports star you can rehearse in your mind many times the event actually happening and then replay the final event in your mind over and over again. When you continuously reinforce a potential successful final the end result will likely become your reality. Leading athletes replay final medal events repeatedly in their minds and imagine themselves winning a medal or even the gold medal in track events like the World Championships or the Olympics. In order to more closely identify with reality and intensify the prospect they add emotion to the prospect of winning.

Read the rest of the Article)...

Go to: <a href="https://www.personal-improvement.eu">https://www.personal-improvement.eu</a>

>>Helping to put together the Mind puzzle 1 piece at a time...<<