

Synergy of Minds

NEWSLETTER Issue Two.

May 1st, 2023



Newsletter brief:

We welcome you to our second ground breaking Newsletter. Our aim is to produce 1 Newsletter monthly which we will look to email you directly. Alternatively you can download it now or any other time. All Newsletters will be stored and available ongoing. The aim is for you to fully digest our Newsletter in just a few minutes of your busy Life schedule.

There will be a variety of things to interest you. We hope you will join us each month. Please feel free to comment on your findings. Its definitely great to have you onboard. Thank you for subscribing. We most definitely really appreciate you!

Affirmations of the Month –

I am extremely Self Confident and I love taking risks

I am grateful for all the wonderful things in my life

I believe in the perfect outcome of every situation in my life

Quotes or Tips of the Month:

Pay the Price and the rewards are truly magnificent

Live Life to the full and avoid cheating yourself out of what you truly desire

Your ultimate destination is the last stop before the next journey

Let your dream become your reality

Inspiring thought:

The quality of your thinking determines the quality of your life...

Inspiring story (written over 25 years ago in 1998):

Inspiring Story: - The Daffodil Principle – An Absolute Must Read

Several times my daughter had telephoned to say, "Mother, you must come to see the daffodils before they are over. "I wanted to go, but it was a two-hour drive from Laguna to Lake Arrowhead "I will come next Tuesday", I promised a little reluctantly on her third call.

Next Tuesday dawned cold and rainy. Still, I had promised, and reluctantly I drove there. When I finally walked into Carolyn's house I was welcomed by the joyful sounds of happy children. I delightedly hugged and greeted my grandchildren. "Forget the daffodils, Carolyn! The road is invisible in these clouds and fog, and there is nothing in the world except you and these children that I want to see badly enough to drive another inch!"

My daughter smiled calmly and said, "We drive in this all the time, Mother." "Well, you won't get me back on the road until it clears, and then I'm heading for home!" I assured her. "But first we're going to see the daffodils. It's just a few blocks," Carolyn said. "I'll drive. I'm used to this." "Carolyn," I said sternly, "Please turn around." "It's all right, Mother, I promise. You will never forgive yourself if you miss this experience."

After about twenty minutes, we turned onto a small gravel road and I saw a small church. On the far side of the church, I saw a hand lettered sign with an arrow that read, "Daffodil Garden." We got out of the car, each took a child's hand, and I followed Carolyn down the path. Then, as we turned a corner, I looked up and gasped. Before me lay the most glorious sight.

It looked as though someone had taken a great vat of gold and poured it over the mountain peak and its surrounding slopes. The flowers were planted in majestic, swirling patterns, great ribbons and swaths of deep orange, creamy white, lemon yellow, salmon pink, and saffron and butter yellow. Each different-colored variety was planted in large groups so that it swirled and flowed like its own river with its own unique hue. There were five acres of flowers.

"Who did this?" I asked Carolyn. "Just one woman," Carolyn answered. "She lives on the property. That's her home." Carolyn pointed to a well-kept A-frame house, small and modestly sitting in the midst of all that glory. We walked up to the house.

On the patio, we saw a poster. "Answers to the Questions I Know You Are Asking", was the headline. The first answer was a simple one. "50,000 bulbs," it read. The second answer was, "One at a time, by one woman. Two hands, two feet, and one brain." The third answer was, "Began in 1958."

For me, that moment was a life-changing experience. I thought of this woman whom I had never met, who, more than forty years before, had begun, one bulb at a time, to bring her vision of beauty and joy to an obscure mountaintop. Planting one bulb at a time, year after year, this unknown woman had forever changed the world in which she lived. One day at a time, she had created something of extraordinary magnificence, beauty, and inspiration. The principle her daffodil garden taught is one of the greatest principles of celebration.

Learn to move forward with your goals and desires one step at a time. Start today and delay no longer as today is the first day of the rest of your life. Relate to the Daffodil Principle for the wisdom and true inspiration to fuel your fire.

Short Post:

What are you doing today to make your dreams and goals come true?

The outcome of tomorrow depends on what you do today. Well are you doing something to improve your life now ... or are you just sitting around waiting for something to happen?

Men are motivated and empowered when they feel needed.....
Women are motivated and empowered when they feel cherished.

One of the latest Articles to be uploaded to our Website:
[https:// www.personal-improvement.eu](https://www.personal-improvement.eu)

The Vital Role of Genes Within You

Inside your Body you have an instruction manual called Genes. Within the majority of your cells in your body is a chemical you are very familiar with called DNA.

Essentially a gene is a short section of DNA. The wonderful process of all this is that your genes contain the actual instructions that duly inform your cells to make the molecules which we know better as proteins.

The required action of the Proteins is to perform a variety of functions in our bodies in order to keep us healthy and well.

[Please go to our website to read the rest of the Article...](#)

>>Helping to put together the Mind puzzle 1 piece at a time...<<<

